

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Anneta Frederiksen

Has successfully participated & completed the

5km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

**TIME** 00:44:00

**PACE** 08:48/km

**OVERALL** 13 of 71

23 November 2024, Sat

Date

**GENDER** 4 of 41

40 - 49 1 of 8



BoutTime

Signature