

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ambrose Oliphant

Has successfully participated & completed the

10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:12:01

Mat-To-Mat Time 01:12:01

PACE 07:12/km

OVERALL 256 of 628

GENDER 122 of

243

40+ 13 of 33

22 November 2025, Sat

Date

Signature

BoutTime