

CERTIFICATE

OF PARTICIPATION

This is to certify that

Amanda Samwell



10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:15:07

Mat-To-Mat Time 01:15:07

PACE 07:30/km

OVERALL 257 of 50

GENDER 125 of

280

50+ 31 of 70

19 December 2025, Fri

Date

Signature

BoutTime