

CERTIFICATE OF PARTICIPATION

This is to certify that

Altus Van Heerden

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:00:58

Mat-To-Mat Time 01:00:58

PACE 06:04/km

GENDER 83 of 220

OVERALL 131 of 500

**SENIOR (20- 41 of 82
39)**



19 December 2025, Fri

Date

Signature



BoutTime