

CERTIFICATE OF PARTICIPATION

This is to certify that

Alon Philipe Kowen

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:22:47

Mat-To-Mat Time 01:22:47

PACE 08:15/km

GENDER 152 of 220

OVERALL 320 of 500

50+ 25 of 40



19 December 2025, Fri

Date

Signature



BoutTime