

CERTIFICATE OF PARTICIPATION

This is to certify that

Alida Crous

Has successfully participated & completed the

10km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 01:15:25

PACE 07:31/km

GENDER 87 of 282

OVERALL 163 of 457

**JUNIOR (15- 11 of 19
19)**

23 November 2024, Sat

Date



BoutTime

Signature

