

CERTIFICATE OF PARTICIPATION

This is to certify that

Alfreda Jaravaza

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:53:06

Mat-To-Mat Time 04:53:06

PACE 06:57/km

GENDER 233 of 426

OVERALL 575 of 983

40+ 87 of 159



22 November 2025, Sat

Date

Signature



BoutTime