

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Alethia Swart**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 04:20:53**

**Mat-To-Mat Time 04:20:53**

**PACE 06:12/km**

**GENDER 114 of 426**

**OVERALL 329 of 983**

**SENIOR (20- 54 of 154  
39)**



22 November 2025, Sat

Date

Signature



*BoutTime*