

CERTIFICATE OF PARTICIPATION

This is to certify that

Alec Rossouw

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:28:56

Mat-To-Mat Time 03:28:56

PACE 04:57/km

GENDER 80 of 557

OVERALL 97 of 983

**SENIOR (20- 40 of 189
39)**



22 November 2025, Sat

Date

Signature



BoutTime