

CERTIFICATE OF PARTICIPATION

This is to certify that

Albert Lourens

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:18:36

Mat-To-Mat Time 01:18:36

PACE 07:51/km

**GENDER 140 of
243**

OVERALL 311 of 628



**JUNIOR (15- 22 of 27
19)**

Date

Signature

BoutTime