

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Alan Kow**

Has successfully participated & completed the

**5km Cape Prestige Trail Run #3**

held at Delheim Wine Estate.

**TIME 00:39:34**

**PACE 07:54/km**

**GENDER 7 of 30**

**OVERALL 9 of 71**

**OPEN 3 of 11**

23 November 2024, Sat

Date



*BoutTime*

Signature

