

CERTIFICATE

OF PARTICIPATION

This is to certify that

Adnan Barham

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:22:45

Mat-To-Mat Time 05:22:45

PACE 07:40/km

OVERALL 707 of 983

GENDER 411 of 557

SENIOR (20- 138 of

39) 189

22 November 2025, Sat-

BoutTime