

CERTIFICATE OF PARTICIPATION

This is to certify that

Adelise Bisschoff

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:04:32

Mat-To-Mat Time 01:04:32

PACE 06:27/km

GENDER 68 of 280

OVERALL 170 of 500

40+ 18 of 61



19 December 2025, Fri

Date

Signature

