

CERTIFICATE

OF PARTICIPATION

This is to certify that

Adele Kidd-Anderson

Has successfully participated & completed the

10km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

OFFICIAL TIME 01:00:22

Mat-To-Mat Time 01:00:22

PACE 06:01/km

OVERALL 16 of 44

GENDER 6 of 22

50 - 59 1 of 6



13 December 2025, Sat