

CERTIFICATE

OF PARTICIPATION

This is to certify that

Adele Immelman

Has successfully participated & completed the

10km '25 Cape Prestige #4

held at Doolhof Wine Estate.

OFFICIAL TIME 01:43:51

Mat-To-Mat Time 01:43:51

PACE 10:22/km

OVERALL 36 of 53

GENDER 15 of 31

40 - 49 3 of 6



22 November 2025, Sat