

CERTIFICATE OF PARTICIPATION

This is to certify that

Adel Coetzee

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:23:09

Mat-To-Mat Time 01:23:09

PACE 08:18/km

GENDER 197 of 385

OVERALL 347 of 628

60+ 19 of 42



22 November 2025, Sat

Date

Signature



BoutTime