

CERTIFICATE OF PARTICIPATION

This is to certify that

Adam Essa

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:34:35

Mat-To-Mat Time 04:34:35

PACE 06:31/km

**GENDER 267 of
557**

OVERALL 414 of 983

60+ 18 of 47



22 November 2025, Sat

Date

Signature



BoutTime