

CERTIFICATE OF PARTICIPATION

This is to certify that

Aaltjé Nieman

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:29:23

Mat-To-Mat Time 01:29:23

PACE 08:55/km

GENDER 190 of 280

OVERALL 353 of 500

60+ 21 of 30



19 December 2025, Fri

Date

Signature



BoutTime